

Ask A THERAPIST Live

How to Support your Kids' Mental Health



Oct. 21

8 pm Eastern
7 pm Central
6 pm Mountain
5 pm Pacific

Scan or Visit cookcenter.info/ATLOct21

Don't miss the opportunity to ask questions from a licensed family therapist about your child's mental health.

Ask a therapist questions about youth mental health or parenting

Participation is anonymous

Register for the **live event** to get access to the replay

Answers from Dr. Kevin Skinner

Clinical Director and Co-Founder of Noble Health and ParentGuidance.org, Dr. Skinner is the author of several books on family relationships.

His methods are based on his own research stemming from more than 250,000 assessments and over 28 years experience. He is the father of eight children.

