

BOOK LIST FOR CHILDREN: COPING WITH DISASTER & TRAGEDY

Helping children to understand that bad things can happen in the world, sending the message that it is okay to have tough times and to feel feelings other than happiness and books reassuring children they are safe were selected. Books with themes of family, resilience and kindness have also been included.

Book Title	Author
Jenny is Scared-When Sad Things Happen in the World <i>When Jenny and her brother are frightened by events in the world, their parents help them talk about their fears and feel better.</i>	Carol Shuman
A Terrible Thing Happened <i>After Sherman sees something terrible happen, he becomes anxious and then angry, but when a counselor helps him talk about these emotions he feels better.</i>	Margaret Holmes
After the Fall How Humpty Dumpty Got Back up Again <i>After falling off the wall, Humpty Dumpty is very afraid of climbing up again, but is determined not to let fear stop him from being close to the birds.</i>	Dan Santat
Who Feels Scared? <i>Picture book about dealing with being afraid</i>	Sue Graves
Visiting Feelings <i>A book about being mindful of all our different feelings</i>	Lauren Rubenstein
Estas manos: manitas de mi familia <i>These hands, my family's hands</i>	Samuel Caraballo
When Sophie Gets Angry- Really Really Angry <i>Classic picture book that lets children know it is okay to be angry</i>	Molly Bang
How to Heal a Broken Wing <i>A young boy saves a broken wing. A beautiful story of resilience and care.</i>	Bob Graham
Tough Guys (have feelings too) <i>Everyone deals with feelings, even dads and ninjas</i>	Keith Negley
Wild Feelings <i>Different animals are used to describe the feelings that we all have from scared to stubborn</i>	David Milgrim
When Lions Roar <i>This book acknowledges that the world can be a scary and frightening place, but we can always get back to calm</i>	Robie Harris
A Family is A Family Is A Family	Sara O'Leary

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<i>This book celebrates the fact that families have different situations and forms and that is to be celebrated</i>	
Still A Family <i>When a family becomes homeless they normalize their situation by doing everyday things together</i>	Brenda Reeves Sturgis
The Carrot Seed <i>A little boy plants a seed that everyone says “won’t come up!” This is a classic tale of resilience.</i>	Ruth Krauss
Stone Soup <i>The classic tale of a community overcoming through a trick of generosity.</i>	Jon Muth
The Peace Book <i>A positive book about the joy of sharing, caring and feeling good about yourself.</i>	Todd Parr
The Kissing Hand <i>When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.</i>	Audrey Penn
Como te sietes hoy? <i>A book describing feelings and providing strategies for dealing with each</i>	Molly Potter
La La La <i>A singing girl’s fruitless search for a friend in her world, until one night when her song is finally heard.</i>	Kate DiCamillo
A Chair for My Mother/Un sillón para mi mamá <i>A child, her waitress mother, and her grandmother save dimes to buy a comfortable armchair after all their furniture is lost in a fire.</i>	Vera Williams
A House in the Woods <i>Two little pigs whose small homes in the woods have been accidentally destroyed decide to build a house they can all share.</i>	Inga Moore
Sidewalk Flowers <i>A girl finds beauty in her gray urban world and shares it with others in this wordless story</i>	Jon Arno Lawson
The Three Questions <i>Seeking answers to 3 questions, young Nikolai finds the answers from his own experience. Based on a story by Leo Tolstoy</i>	Jon Muth
If You Plant A Seed <i>This gentle story demonstrates how a seed of kindness can be rewarded with compassion and generosity.</i>	Kadir Nelson

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<p>Found <i>Bear finds a stuffed bunny in the forest and searches for its owner.</i></p>	<p>Salina Yoon</p>
<p>To the Sea <i>Tim finds a whale beached on a street adjacent to his school and vows to help his new friend get back to sea.</i></p>	<p>Cale Atkinson</p>
<p>The Invisible Boy <i>A simple act of kindness can transform an invisible boy into a friend.</i></p>	<p>Alfred Knopf</p>
<p>Wildfires <i>Information book about the nature of wildfires</i></p>	<p>Simon Seymour</p>
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