

<b>National Lifeline Number</b> 800-273-TALK (8255)	<b>Trevor Project</b> LGBTQ friendly crisis supports 866-488-7386
<b>UNI Mobile Crisis Outreach Team (MCOT)</b> 801-587-3000	<b>Warm Line</b> (Support, engagement, encouragement) 801-587-1055 9am-10pm - <b>NOT</b> A Crisis Line

**Salt Lake County Youth Services** provides **immediately available, free crisis counseling** by phone or in person through their Juvenile Receiving Centers. This service does not require an appointment and is available 24-hours a day

**Salt Lake Juvenile Receiving Center:** 177 W Price Avenue, South Salt Lake,  
Open 24/7 – (385) 468-4500

**West Jordan Juvenile Receiving Center:** 8781 South Redwood Rd. Building # 3, West Jordan  
Open Monday-Friday 8 AM to 8 PM – 385-468-4610

**The Jordan Family Education Center** provides weekly classes on anger management, parenting, dealing with divorce, anxiety, social skills, and many other important topics of wellness and mental health. Individuals may also receive **free short-term counseling services** through the Jordan Family Education Center. Call the Family Education Center at (801) 565-7742

**Private Mental Health Providers** are found throughout Jordan District’s boundaries and a running list of many of these providers can be found at our website

**wellness.jordandistrict.org**



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