



## Mental Health Access Program (MHAP) Referral

Jordan District's Mental Health Access Program (MHAP) provides funding to assist students and their families in navigating and accessing mental health services in their community. If you have questions or issues related to MHAP please contact Kevin Mossel, kevin.mossel@jordandistrict.org, 385-249-7932.

Referring School: \_\_\_\_\_ Date of Referral: \_\_\_\_\_

Name of Person Submitting Request: \_\_\_\_\_ Title: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent(s)/Guardian(s) Name: \_\_\_\_\_

Parent(s)/Guardian(s) Relationship to Student: \_\_\_\_\_

Best Phone Number(s) to Reach Parent(s)/Guardian(s): \_\_\_\_\_

### **Eligibility Checklist** (Required for referral)

- First, this referral has been staffed in a school MTSS meeting and/or with the school administrative team.
- Second, the parent/guardian AND student are willing and motivated to participate in mental health services and meet with a member of the Health and Wellness team to sign necessary documents.
- Third, the parent/guardian is aware that services are for general mental health outpatient treatment and/or mental health medication services ONLY.
- Finally, a FERPA has been signed between the parent/guardian and a school representative.

Describe the reason for recommending mental health services for this student (i.e. does the student struggle with depression, anxiety, bullying, suicidal ideation, self-harm, trauma, etc.).

\_\_\_\_\_

Describe the obstacles the student/family face, from your understanding, in accessing mental health services (i.e. long wait list, no insurance, high deductible, lack of transportation, etc.).

\_\_\_\_\_

Describe any additional information that would assist in meeting this student's mental health needs (i.e. family speaks another language, on IEP or 504, family has DCFS involvement, student has been suspended/cited, etc.).

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**Please work with your assigned Clinical Support Specialist (School Social Worker/Clinician) or contact Kevin Mossel, LCSW, 385-249-7932, or McKinley Withers, 801-567-8245**

**It is anticipated that a Clinical Support Specialist will follow up within 5 school days with the family.**

## The Jordan School District Mental Health Access Program (MHAP)



The Jordan School District has launched a new program called the Mental Health Access Program or MHAP for short. The purpose of MHAP is to support families in accessing, navigating, and receiving needed mental health services through local mental health providers within our district boundaries.

### Here are a few highlights of MHAP

- Jordan District has contracted with 13 community mental health providers with a variety of expertise. Each of these providers went through a rigorous interview process to ensure families are getting the best care available. Each family referred has many options to determine what best meets their needs.
- Services that families can utilize through MHAP include individual therapy, family therapy, medication evaluations (for students who might be in need of mental health medications) and medication follow up visits.
- Any student in Jordan School District is eligible to be referred regardless of their circumstances, though MHAP is meant for students who otherwise would not be able to access mental health services.
- The first 800 dollars worth of services is paid 100% by Jordan School District and the family is then connected through insurance or other grant funding arranged by the contracted provider to ensure that services continue for the family as long as it's needed.
- The family will have a clinical intake appointment set up within 10 calendar days, oftentimes sooner than that, to get started with services as long wait times are often an access barrier for families.
- MHAP referrals can be completed by school administrators, school counselors, and school psychologists following the guidelines listed below.
- The referral process is simple, smooth, and straightforward. No signatures from the person referring are needed and all information needed for a referral to MHAP is on one page.
- With a broad range of providers and therapists, we have the ability to refer families who speak different languages, who are experts in several mental and behavioral health disorders, and can cover most, if not all, major insurance panels.
- Families can expect that all services are kept confidential. Releases of information are encouraged but not mandatory to assist in cooperation and collaboration between the school and the mental health provider.
- If families are in need of a higher level of care and services, providers will connect them to those services in order to ensure the student is getting the best care available.
- Referrals can be accepted any time of year, including the summer, to guarantee that students have access to a therapist to address their needs.

The Mental Health Access Program does not replace the services that the Jordan Family Education Center provides, nor the school counselors, school clinicians, and school psychologists that meet with students individually and in groups at school. It does support and enhance the services our District has to offer that enhance the well-being of every child.

The process to refer a student is simple. Every student being considered for MHAP needs to be staffed in a school's Multi-Tiered System of Support (MTSS) meeting. If the student is selected to benefit from receiving MHAP funds, the referral form will need to be filled out and sent to a member of the Health and Wellness team. That person will meet with the family, obtain consent, and authorize them for services with a mental health provider the family chooses. The Health and Wellness team member will report any updates to the referring person so that teaming can continue in the school.