



School Mental Health Team

School Counselors, School Psychologists, School Clinical Support [Social Workers]

What They All Do

- Support student academic, behavioral, social, and mental health needs
- Provide individual and group counseling services
- Provide, coordinate, and participate in crisis intervention(s) including (but not limited to): intervening with any individual at risk of suicide, postvention with critical incidents (i.e. student or teacher death), etc.
- Plan school-wide prevention programming (bullying, suicide, etc.) including training for faculty/staff/parents/students
- Identify risks and ongoing school-based supports including individual suicide risk assessments, school-wide needs assessments, etc.
- Intervene to meet the needs of students across Tiers (i.e. check-in, check-out)
- Support restorative transition of students returning to school, (e.g., suspensions, day and residential treatment programs, etc.)
- Provide consultation to teachers, staff, students, and parents in meeting student mental health needs including (but not limited to): SEL competencies, restorative practices, interventions, behavioral issues, and classroom management.
- Collaborate with feeder systems to provide supportive transitions for at-risk, diverse, and special education students
- Make recommendations & referrals for other services and accommodations (i.e., JFEC, MHAP, MCOT)
- Participate in and support Functional Behavior Assessments (FBA), Behavior Intervention Plans (BIP), 504s, & IEPs
- Other duties and services as determined by school needs

School Counselors Also

- Provide additional mental health services at school by addressing mental health issues for all students of assigned alphabetical caseload
- Conduct yearly Preparing for College and Career Meetings to provide 4-year academic planning and support
- Coordinate SEL curriculum implementation based on Curriculum Delivery Survey results
- Identify gaps for access, attainment and achievement to implement goals and interventions
- Educate and inform about college applications, scholarships, and financial aid
- Meet Student Learning Outcomes for individually assigned caseload every year

School Psychologists Also

- Provide additional mental health services at school for general education and special education students
- Provide additional evidence-based, clinical mental health and psychological assessments and recommendations
- 504 and Special Education eligibility assistance
- Write social/emotional/behavioral PLAAFP's and goals for IEP's
- Write psychological reports and interpret results of evaluations for parents and staff
- Required to provide service at the Jordan Family Education Center—either facilitating a parent or youth class, providing short-term child-centered family counseling, or conducting clinical intake assessments

School Clinical Support (Social Workers) Also

- Provide additional mental health services at school or in-home for students with extensive, ongoing, or severe mental health needs
- Provide additional evidence-based, clinical mental health assessments and recommendations for students and families
- Establish expertise of community resources and maintain relationships with community mental health providers
- Facilitate Mental Health Access Program referrals and ensure follow up
- Provide referrals and/or recommendations to a higher level of care (i.e. KIDS or AIMS)
- Provide additional transition planning and support for students coming out of a higher level of care (inpatient mental health, etc.)

Secondary School Mental Health Team (SMHT)

School Mental Health Team (SMHT) = School Counselors, School Clinical Support (Social Workers), School Psychologists, Administrators, and others as needed (including contracted mental health providers)



The purpose of this team is to:

- Support the immediate and ongoing academic, social, and mental health needs of all students through a collaborative team-centered Restorative MTSS approach.
- Ensure that all students have access to available mental health supports by providing ongoing academic, social, and mental health support to students—avoiding a “referral out” mindset.
- Collaborate using problem-solving and case-management to increase accountability and decrease liability through frequent (at least weekly) meetings that ensure:
 - Concerns are documented, recommendations are made, and ongoing follow-up occurs regarding students discussed.
 - FERPA guidelines and ethical standards of confidentiality are maintained.
 - A culture of “our kids” is created and meetings are a safe place to discuss student needs.
 - Students who have expressed or been referred for crisis intervention (i.e., suicidal ideation, violence risk, Non-Suicidal Self-Injury (NSSI), bullying, trauma, etc.) are staffed with the team.

A SMHTeam meets and collaborates at least weekly to:

<p>Intervene to meet the needs of students</p> <p>Including (but not limited to): Individual & group counseling, academic counseling & interventions (i.e., credit recovery, mentoring, etc.), recommendations for other services/accommodations, Functional Behavior Assessments (FBA) & Behavior Intervention Plans (BIP), Restorative Practices (i.e., restorative circles, etc.), Tiered social and emotional learning, check-in check-out, Case management, etc.</p>	<p>Identify risks and ongoing school-based supports</p> <p>Including (but not limited to): Attendance issues, academic decline/failure, suicide ideation, bullying, substance use, violence & threats, safety, credit deficiency, self-harm, behavior, homelessness, SafeUT, etc.</p>	<p>Plan school-wide prevention programming</p> <p>Including (but not limited to): Social and Emotional Learning (SEL), prevention training and programs including (bullying, suicide, etc.), restorative practices & culture, providing and supporting interventions</p>
<p>Support restorative transition of students returning to school</p> <p>Including (but not limited to): Suspensions, day and residential treatment programs, home and hospital, etc.</p>	<p>Communicate with and provide consultation to others including school personnel, parents, and outside providers</p>	<p>Train and support other educators in meeting student’s mental health needs</p> <p>Including (but not limited to): QPR, classroom interventions, etc.</p>