Jordan Health and Wellness empowers individuals to build, heal, and enhance their social and emotional wellness.

As part of Student Services, Jordan’s Health and Wellness Team prioritizes Restorative MTSS implementation through the following strategies:

**Strategy One: Empower individuals to enhance social and emotional wellness for themselves and others through evidence-based interventions and training**

- Increase access to quality social and emotional learning (SEL) resources
- Provide support and tools for SEL implementation (i.e. Second Step)
- Amplify Districtwide suicide prevention (QPR, YMHFA) and bullying prevention efforts
- Provide training for evidence-based classroom tools (i.e. GBG, RP, mindfulness)
- Enhance educator wellness through a variety of strategies and opportunities
- Spread wellness knowledge for parents and communities

**Strategy Two: Increase student and family access to quality mental health services both in school and in the community**

- Provide responsive mental and behavioral health services to students and families through Clinical Support Specialists and Wellness Team
- Facilitate access to community mental health providers with the Mental Health Access Program
- Provide responsive crisis management and support to schools
- Improve access to mental health services through regular, accessible mental health screenings
- Collaborate with essential community partners (NAMI, AFSP, and community coalitions)
- Support SafeUT implementation along with other student safety and wellness initiatives

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